



Choreography: All Or Nothing

Style: Phrased

Parts/Counts: Ax32 – Bx32 – Tag1x8 – Tag2x8 – 1 Restart

Sequence: A-A-B-B-Tag1-A-Tag2-B-B-B-Tag1-A-B-B(only 24 and restart)-B-B-B-B+Final(only 24)

Level: Intermediate

Choreographer: Anna Taroni (Crazy Bulls)

Song: "Y'all or Nothing" (Sofie Lynn)

Video Tutorial: https://youtu.be/qIP1b_152bA

PART A

Section 1: R step fwd (diagonal), L stomp up, L step back (diagonal), R stomp, R swivel toe-heel, R swivel $\frac{1}{4}$ turn, R hook

1-2: step right forward diagonally right, stomp up left beside right

3-4: step left back diagonally left, stomp right beside left

5-6: swivel right toe to right, swivel right heel to right

7-8: swivel right to right making $\frac{1}{4}$ turn to right, hook right over left

Section 2: R step lock step fwd, L hook $\frac{1}{2}$ turn, L step lock step fwd, R scuff

1-2: step right forward, cross left behind right

3-4: step right forward, hook left over right making $\frac{1}{2}$ turn to left

5-6: step left forward, cross right behind left

7-8: step left forward, scuff right beside left

Section 3: R step $\frac{1}{4}$ turn left, L hook, L step, R hook, R rock back, R toe-touch x2

1-2: step right to right making $\frac{1}{4}$ turn to left, hook left behind right

3-4: step left to left, hook right behind left

5-6: rock back on right, recover left

7-8: touch right toe behind left twice





Section 4: R point, R touch fwd, R point, R touch back, unwind $\frac{1}{2}$ turn right, L stomp, hold

1-2: point right to right, touch right toe forward

3-4: point right to right, touch right toe back

5-6: make $\frac{1}{2}$ turn to right

7-8: stomp left beside right, hold

PART B

Section 1: Jumping jazz box R-L, R stomp, hold

1-2: (jumping) cross right over left, kick right

3-4: (jumping) kick left, cross left over right

5-6: (jumping) kick left, step left and flick right

7-8: stomp right beside left, hold

Section 2: R rock back (diagonal), R rock fwd (diagonal) and R flick, R kick $\frac{1}{2}$ turn, L flick, L stomp up x2

1-2: rock step right diagonally back, recover left

3-4: rock step right diagonally forward, recover left and flick right

5-6: kick right making $\frac{1}{2}$ turn to right, step on right and flick left

7-8: stomp up left beside right twice

Section 3: L grapevine, R stomp up, R grapevine $\frac{1}{4}$ turn, L stomp up

1-2: step left to left, cross right behind left

3-4: step left to left, stomp up right beside left

5-6: step right to right making $\frac{1}{4}$ turn to right, cross left behind right

7-8: step right to right, stomp up left beside right





Section 4: L step slide $\frac{1}{4}$ turn, R step slide back, L rock back, L stomp fwd, R scuff

1-2: step left to left making $\frac{1}{4}$ turn to right, slide right foot towards left

3-4: step right back, slide left foot towards right

5-6: rock back on left, recover right

7-8: stomp left forward, scuff right beside left

Tag 1 (8 counts, the first 8 counts of PART B)

Section 1: Jumping jazz box R-L, R stomp, hold

1-2: (jumping) cross right over left, kick right

3-4: (jumping) kick left, cross left over right

5-6: (jumping) kick left, step left and flick right

7-8: stomp right beside left, hold

TAG 2 (8 counts)

Section 1: R rock back, R stomp, hold, L rock back, L stomp, hold

1-2: rock back on right, recover left

3-4: stomp right beside left, hold

5-6: rock back on left, recover right

7-8: stomp left beside right, hold

FINAL

At the end of Section 3 of PART B, make $\frac{1}{4}$ turn to right and stomp left forward

