

SIESTA



Improvers - 64 counts - 1 Bridge - Restarts - 2 walls

Algaly & Manu

Music : Mean - Lisa McHugh

SECT-1 POINT R, STEP R BACK, HEEL L FWD, RECOVER L BESIDE R, GRAPEVINE R, STOMP UP L BESIDE R

- 1 - 2 Point R to R - Step R back
- 3 - 4 Touch L diagonal L Fwd - Step L beside R
- 5 - 6 Step R to R - Cross L behind R
- 7 - 8 Step R to R - Stomp Up L beside R

SECT-2 POINT L, STEP L BACK, HEEL R FWD, RECOVER R BESIDE L, GRAPEVINE L, SCUFF R BESIDE L

- 1 - 2 Point L to L - Step L behind R
- 3 - 4 Touch R heel Diagonal R Fwd - Step R beside L
- 5 - 6 Step L to L - Cross R behind L
- 7 - 8 Step L to L - Scuff R beside L

SECT-3 ROCK STEP R FWD, 1/4 T R & FLICK R, ROCK STEP R FWD, 1/4 T R & FLICK R

- 1 - 2 Rock Step R Fwd - Recover weight on L
- 3 - 4 1/4 t R, Flick R (2 counts)
- 5 - 6 Rock Step R Fwd - Recover weight on L
- 7 - 8 1/4 t R, Flick R (2 counts)

SECT-4 JAZZ BOX 1/4 T R, JAZZ BOX 1/4 T R (LAST STEP CROSS L OVER R)

- 1 - 2 Cross R over L - Step L backward
- 3 - 4 1/4 t R, Step R to R - step L to L
- 5 - 6 Cros R over L - Step L backward
- 7 - 8 1/4 t R, Step R to R - Cross L over R

SECT-5 LARGE STEP R BACK, TOGETHER, STOMP UP R BESIDE L, POINT R, CROSS R OVER L, POINT L, CROSS L OVER R

- 1 - 2 Large step R backward (2counts)
- 3 - 4 Stomp L beside R - Stomp Up R beside L
- 5 - 6 Point R to R - Step R over L
- 7 - 8 Point L to L - Cross L over R

SECT-6 POINT R BACK, STEP R BACK & HEEL L FWD, DROP L, STOMP UP R, LARGE STEP R BACK - STOMP L TO L STOMP UP R BESIDE L

- 1 - 2 Point R dehind L - Recover R & Touch L Heel fwd
- 3 - 4 Recover L - Stomp Up R behind L
- 5 - 6 Large Step R backward (2counts)
- 7 - 8 Stomp L beside R - Stomp Up R beside L

SECT-7 1/4 T R & ROCK STEP R FWD, RECOVER L, 1/4 R & STEP R FWD, STEP L BESIDE R, OUT OUT, IN IN

- 1 - 2 1/4 R, rock Step R Fwd - Recover L
- 3 - 4 1/4 t R, Step R to R - Step L beside R
- 5 - 6 Touch R Heel diagonal R Forward - Touch L Heel diagonal L forward
- 7 - 8 Step R on center - Step L beside R

SECT-8 KICK R FDW, RECOVER, FILCK L BACK, STOMP UP L BESIDE R, KICK L FWD, RECOVER, FLICK R BACK, STOMP UP R BESIDE L

- 1 - 2 Kick R Forward - Stomp R beside L
- 3 - 4 Flick L back - Stomp Up L beside R
- 5 - 6 Kick L forward - Stomp L Beside R
- 7 - 8 Flick R back - Stomp Up R beside L

SIESTA**Improvers - 64 counts - 1 Bridge - Restarts - 2 walls****Algaly & Manu****Music : Mean - Lisa McHuah****TAG** After walls 4, 7 and 11 (End : Tag + Stomp R Fwd)**SECT-1** LARGE STEP R BACK, TOGETHER, STOMP UP R BESIDE L, POINT R, CROSS R OVER L, POINT L, CROSS L OVER R

1 - 2 Large step R backward (2counts)

3 - 4 Stomp L beside R - Stomp Up R beside L

5 - 6 Point R to R - Step R over L

7 - 8 Point L to L - Cross L over R

SECT-2 POINT R BACK, STEP R BACK & HEEL L FWD, DROP L, STOMP UP R, LARGE STEP R BACK - STOMP UP R BEHIND L

1 - 2 Point R behind L - Recover R & Touch L Heel fwd

3 - 4 Recover L - Stomp Up R behind L

5 - 6 Large Step R backward (2counts)

7 - 8 Stomp L beside R - Stomp Up R beside L

Restarts Wall 1 after count 48

Wall 3 after count 32

Wall 6, after count 40

Wall 8 after count 56

Wall 9, after count 16, Then Hold 4 counts and restart from the beginning

Wall 10, after count 32

REPRENDRE AU DÉBUT AVEC LE SOURIRE !!!